



NOVEMBER | 2018

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>USDA is an equal opportunity provider and employer"</p> <p>Fresh fruit bar included with all breakfasts</p>	<p>FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>1 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>2 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE</p>
<p>5 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>6 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>7 FAT FREE MILK APPLE CINNAMON MUFFIN STRING CHEESE FRESH FRUIT 100% FRUIT JUICE</p>	<p>8 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE</p>	<p>9 FAT FREE MILK HAM/ EGG AND CHEESE SERVED ON A WHOLE GRAIN ENGLISH MUFFIN FRESH APPLE OR ORANGE 100% FRUIT JUICE</p>
<p>12 FAT FREE MILK WHOLE GRAIN FRENCH TOAST STICKS APPLESAUCE CUP 100% FRUIT JUICE</p>	<p>13 FAT FREE MILK BANANA NUT MUFFIN LOW FAT STRING CHEESE FRESH APPLE SLICES 100% FRUIT JUICE</p>	<p>14 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>15 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>16 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE</p>
<p>19 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>20 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>21 No school Thanksgiving break</p>	<p>22 No school Thanksgiving break</p>	<p>23 No school Thanksgiving break</p>
<p>26 FAT FREE MILK WHOLE GRAIN FRENCH TOAST STICKS APPLESAUCE CUP 100% FRUIT JUICE</p>	<p>27 FAT FREE MILK BANANA NUT MUFFIN LOW FAT STRING CHEESE FRESH APPLE SLICES 100% FRUIT JUICE</p>	<p>28 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE</p>	<p>29 FAT FREE MILK SAUSAGE/EGG/CHEESE ON A WHOLE GRAIN BAGEL FRESH WHOLE FRUIT 100% FRUIT JUICE</p>	<p>30 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE</p>

News

BREAKFAST IS SERVED EVERYDAY IN ALL THREE SCHOOL BUILDINGS FOR JUST \$ 2.00 OR .30 FOR REDUCED.

ANYONE WHO QUALIFIES FOR FREE AND REDUCED LUNCH ALSO RECEIVES FREE AND REDUCED BREAKFAST!!!!

MILK CHOICES INCLUDE FLAVORED AND UNFLAVORED FAT FREE MILK DAILY WITH ALL MEALS

**Fresh fruit bar included with all breakfast
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BREAKFAST IN ALL BUILDINGS IS SERVED AT 7:20 EVERY MORNING.