



NOVEMBER | 2018

ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	"USDA is an equal opportunity provider and employer"	Featured daily vegetables Monday Spinach Tuesday Radish Wednesday Mushrooms Thursday Red peppers Friday Peas	1 FAT FREE MILK BAKED Chicken Sandwich Served on a whole grain bun Potato wedges Bolstered baked beans Assorted fresh fruit bowl Salad bar	2 FAT FREE MILK TASTE OF ITALY Bosco cheese stuffed breadstick Meat and cheese sauce Steamed broccoli buds Pineapple tid-bits Salad bar
5 FAT FREE MILK Baked whole grain chicken nugget Cottage cheese/Granola Bar Mixed green garden salad Diced peaches Salad bar	6 FAT FREE MILK Seasoned beef Tacos Lettuce/tomato/cheese Tex-mex refried bean dip Black bean & corn fiesta Mixed fruit Salad bar	7 FAT FREE MILK Baked Steak burger Served on a whole grain bun Baked sweet potato puffs Baked beans Orange wedges Salad bar	8 FAT FREE MILK Classic homemade chili Whole grain crackers Whole grain bread stick Baby carrots and low fat dip Fresh red grapes Salad bar	9 FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas/ sliced pears/salad bar
12 FAT FREE MILK Chicken fajita Served on ultra grain tortilla Green peppers and onions Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	13 FAT FREE MILK Student favorite Walking taco meat/cheese Baked scoops Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	14 FAT FREE MILK Popcorn chicken Mashed potatoes and gravy Whole grain dinner roll Golden Savory Corn Applesauce Salad bar	15 FAT FREE MILK Southern delight Waffle and chicken bites Warm syrup Hash brown Fresh grapes & mixed fruit 100% fruit juice Salad bar	16 FAT FREE MILK TASTE OF ITALY Bosco cheese stuffed breadstick Meat and cheese sauce Steamed broccoli buds Pineapple tid-bits Salad bar
19 FAT FREE MILK Mini corn dog bites Fun sized Doritos Bolstered baked beans Cinnamon applesauce Salad bar	20 HALF DAY OF SCHOOL BREAKFAST SERVED	21 NO SCHOOL THANKSGIVING BREAK	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING BREAK
26 FAT FREE MILK Ravioli Whole grain cheesy garlic bread Baby carrots and dip Mixed fruit Salad bar	27 FAT FREE MILK Hotdog cook-out day Hotdog on a whole grain bun Fun sized chips Body building baked beans Chilled pears Salad bar	28 FAT FREE MILK Asian stir fry day New Orleans's style General Tso' spicy chicken Stir fry veggies Fluffy wild rice Fortune cookie Mandarin oranges	29 FAT FREE MILK PASTA BAR DAY Assorted whole grain pasta Served with meat sauce Whole grain bread stick Baby carrots and low fat dip Fresh red grapes Salad bar	30 FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas/ sliced pears/salad bar

News

Lunch prices 2017-18
Breakfast \$2.00
Elementary \$2.75
Middle school \$3.00
High School \$3.00

MILK CHOICES
INCLUDE FLAVORED
AND UNFLAVORED
FAT FREE MILK
DAILY WITH ALL MEALS

YOU MAY NOW
MAKE ON-LINE LUNCH
ACCOUNT
PAYMENTS

e-mail
bmaury@lawtoncs.org
kwalters@lawtoncs.org

For your
LOG-IN INFORMATION

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