



FEBRUARY | 2018

HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 FAT FREE MILK Southern delight Waffle and chicken bites Warm syrup Hash brown Fresh grapes & mixed fruit 100% fruit juice Salad bar	2 FAT FREE MILK Taste of Italy Bosco cheese stuffed breadstick Dippin sauce Steamed broccoli buds Mixed melon chunks Salad bar
5 FAT FREE MILK Baked whole grain chicken nugget Cottage cheese/Granola Bar Mixed green garden salad Diced peaches Salad bar	6 FAT FREE MILK Seasoned beef Tacos Lettuce/tomato/cheese Tex-mex refried bean dip Black bean & corn fiesta Mixed fruit Salad bar	7 FAT FREE MILK Baked Steak burger Served on a whole grain bun Baked oven potato puffs Baked beans Orange wedges Salad bar	8 FAT FREE MILK Classic homemade chili/soup Whole grain crackers Whole grain bread stick Baby carrots and low fat dip Fresh red grapes Salad bar	9 FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar
12 FAT FREE MILK Hotdog cook-out day Hotdog on a whole grain bun Fun sized chips Body building baked beans Chilled pears Salad bar	13 FAT FREE MILK Asian stir fry day New Orleans's style General Tso's spicy chicken Stir fry veggies Fluffy wild brown rice Fortune cookie Mandarin oranges Salad bar	14 FAT FREE MILK Chicken fajita Served on ultra grain tortilla Green peppers and onions Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	15 HALF DAY OF SCHOOL BREAKFAST SERVED	16 MID WINTER BREAK NO SCHOOL USDA is an equal opportunity provider and employer"
19 MID WINTER BREAK NO SCHOOL Featured daily vegetables Monday Spinach Tuesday Radish Wednesday Mushrooms Thursday Red peppers Friday Peas	20 FAT FREE MILK Spicy Chicken Sandwich On a WG BRIOCHE BUN Potato wedges Bolstered baked beans Assorted fresh fruit bowl Salad bar	21 FAT FREE MILK CHICKEN BOWL Popcorn chicken Mashed potatoes and gravy Whole grain dinner roll Golden Savory Corn Applesauce Salad bar	22 FAT FREE MILK Homemade favorite LASAGNA Served with meat sauce Warm garlic toast Seasoned green beans Salad bar Diced peaches & mixed fruit	23 Taste of Italy Bosco cheese stuffed breadstick Dippin sauce Steamed broccoli buds Mixed melon chunks Salad bar
26 FAT FREE MILK Build your own Nacho Bar Meat and cheese Lettuce/tomato/salsa/sr cream Black bean and corn fiesta Fresh apple slices Salad bar	27 FAT FREE MILK NEW ITEM CHEESY MEATLOAF Mashed potatoes &gravy Golden savory corn Applesauce Wg dinner roll Salad bar	28 FAT FREE MILK Reduced fat macaroni and cheese Savory garlic toast Seasoned green beans Sliced pears Salad bar		

News

Lunch prices 2017-18
Breakfast \$2.00
Elementary \$2.75
Middle school \$3.00
High School \$3.00

MILK CHOICES
INCLUDE FLAVORED
AND UNFLAVORED
FAT FREE MILK
DAILY WITH ALL MEALS

YOU MAY NOW
MAKE ON-LINE LUNCH
ACCOUNT
PAYMENTS

e-mail
bmaury@lawtoncs.org
kwalters@lawtoncs.org

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