



MARCH | 2018

MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 FAT FREE MILK Southern delight Waffle and chicken bites Warm syrup Hash brown Fresh grapes & mixed fruit 100% fruit juice Salad bar	2 FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar
5 FAT FREE MILK French dip sandwich Roast beef & Mozz Cheese AuJuis Dippin Sauce Oven baked fries Home-style baby carrots Pineapple tid-bits Salad bar	6 FAT FREE MILK Build your own Nacho Bar Meat and cheese Lettuce/tomato/salsa/sr cream Black bean and corn fiesta Fresh apple slices Salad bar	7 FAT FREE MILK Reduced fat macaroni and cheese Savory garlic toast Seasoned green beans Sliced pears Salad bar	8 FAT FREE MILK Turkey & gravy Served over mashed potatoes Dinner roll Seasoned golden corn Fresh orange Salad bar	9 HALF DAY OF SCHOOL BREAKFAST SERVED USDA is an equal opportunity provider and employer"
12 FAT FREE MILK Baked whole grain chicken nugget Cottage cheese/Granola Bar Mixed green garden salad Diced peaches Salad bar	13 FAT FREE MILK Seasoned beef Tacos Lettuce/tomato/cheese Tex-mex refried bean dip Black bean & corn fiesta Mixed fruit Salad bar	14 FAT FREE MILK Baked Steak burger Served on a whole grain bun Baked oven sweet potato puffs Baked beans Orange wedges Salad bar	15 FAT FREE MILK Classic homemade chili/soup Whole grain crackers Whole grain bread stick Baby carrots and low fat dip Fresh red grapes Salad bar	16 FAT FREE MILK PIZZA DAY Homestyle whole grain pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar
19 FAT FREE MILK Tasty Honey Beef dippers Oven baked fries Whole grain breadstick Baby carrots and dip Mixed fruit Salad bar	20 FAT FREE MILK Chicken fajita Served on ultra grain tortilla Green peppers and onions Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	21 FAT FREE MILK Full sized corn dog Baked tarter tots Bolstered baked beans Cinnamon applesauce Fresh fruit apple/orange Salad bar	22 FAT FREE MILK CHICKEN BOWL Popcorn chicken Mashed potatoes and gravy Whole grain dinner roll Golden Savory Corn Applesauce Salad bar	23 FAT FREE MILK Taste of Italy Bosco cheese stuffed breadstick Dippin sauce Steamed broccoli buds Pineapple tid-bits Salad bar
26 FAT FREE MILK Hot ham and cheese On a WG brioche bun Baked beans Fun sized cheetos Diced peaches Salad bar included with all meals	27 FAT FREE MILK Student favorite Walking taco meat/cheese Baked fritos Tex-mex refried bean dip Fresh romaine garden salad Sliced peaches Salad bar	28 FAT FREE MILK Asian stir fry day New Orleans's style General Tso' spicy chicken Stir fry veggies Fluffy wild brown rice Fortune cookie Mandarin oranges Salad bar	29 FAT FREE MILK PIZZA DAY Homestyle WG stuffed crust pizza Your choice cheese or pepperoni Steamed broccoli buds or peas Sliced pears/salad bar	30 NO SCHOOL

News

Lunch prices 2017-18
Breakfast \$2.00
Elementary \$2.75
Middle school \$3.00
High School \$3.00

**MILK CHOICES
 INCLUDE FLAVORED
 AND UNFLAVORED
 FAT FREE MILK
 DAILY WITH ALL MEALS**

**YOU MAY NOW
 MAKE ON-LINE LUNCH
 ACCOUNT
 PAYMENTS**

e-mail

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