

SEPTEMBER | 2020

LAWTON SCHOOLS DAILY VIRTUAL MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>1</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>2</p> <p>FAT FREE MILK EGG&CHEESE/ENG MUFFIN LOW FAT CHEESE STICK JUICE CUP FRESH WHOLE FRUIT Smuckers Jamwich Assorted chips LF cheese stick/granola bar Fresh apple/Bag Veggies</p>	<p>3</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>4</p> <p>LABOR DAY BREAK NO SCHOOL</p> <p>USDA is an equal opportunity provider and employer</p>
<p>7</p> <p>LABOR DAY BREAK NO SCHOOL</p> <p>USDA is an equal opportunity provider and employer</p>	<p>8</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>9</p> <p>FAT FREE MILK WH GRAIN CEREAL BOWL LOW FAT CHEESE STICK STRAWBERRY CUP BUILD YOUR LUNCH KIT Pizza Kit Flat Bread Cheese and sauce Baby carrots/applesauce</p>	<p>10</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>11</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>
<p>14</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>15</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>16</p> <p>FAT FREE MILK EGG&CHEESE/ENG MUFFIN LOW FAT CHEESE STICK JUICE CUP FRESH WHOLE FRUIT Smuckers Jamwich Assorted chips LF cheese stick/granola bar Fresh apple/Bag Veggies</p>	<p>17</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>18</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>
<p>21</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>22</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>23</p> <p>FAT FREE MILK WH GRAIN CEREAL BOWL LOW FAT CHEESE STICK STRAWBERRY CUP BUILD YOUR LUNCH KIT Pizza Kit Flat Bread Cheese and sauce Baby carrots/applesauce</p>	<p>24</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>25</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>
<p>28</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>29</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>30</p> <p>FAT FREE MILK EGG&CHEESE/ENG MUFFIN LOW FAT CHEESE STICK JUICE CUP FRESH WHOLE FRUIT Smuckers Jamwich Assorted chips LF cheese stick/granola bar Fresh apple/Bag Veggies</p>	<p>1</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>	<p>2</p> <p>REGULAR IN SCHOOL MENU BREAKFAST AND LUNCH</p>

News

WELCOME BACK 2020-2021

THIS IS THE Lawton Community School's VIRTUAL SCHOOL DAY Breakfast and Lunch Menu.

THIS MENU IS AVAILABLE TO ALL STUDENTS TO PICK UP AND TAKE HOME AT THE END OF THE DAY ON TUESDAY.

THIS WILL BE THEIR BREAKFAST AND LUNCH MEAL FOR WEDNESDAY'S ALL SCHOOL VIRTUAL LEARNING DAY.

Lunch prices 2020-21
Breakfast \$2.50
Elementary \$2.85
Middle school \$3.25
High School \$3.25

**MILK CHOICES
 INCLUDE FLAVORED
 AND UNFLAVORED
 FAT FREE MILK
 DAILY WITH ALL MEALS**

WEDNESDAY

**VIRTUAL DAY MENU
 FOR ENTIRE DISTRICT
 BREAKFAST AND LUNCH**